

Intake & Referral

Description of lung health services:

Chronic Obstructive Pulmonary Disease (COPD) Education: Individualized and group education for clients with COPD. Education includes: assessment, review of inhaler technique, self-management skills, action plans, smoking cessation support, and regular follow-up.

Appointment with Nurse Practitioner (NP): The NP provides assessment, diagnosis and treatment for clients with lung health issues, and ongoing management for clients with COPD who have frequent exacerbations and/or emergency visits.

Pulmonary Rehabilitation (PR): Supervised exercise program designed for people with COPD. The three components of a PR program include exercise, education and self-management. Participating in a PR program will decrease symptoms and increase ability to function in daily life. Clients must be diagnosed with COPD to meet referral criteria for PR. COPD is diagnosed by spirometry, which is a painless breathing test that takes just a few minutes. *Please note that PR is only available at some locations.*

Maintenance Pulmonary Rehabilitation (Maintenance PR): Supervised exercise program designed for COPD clients who have recently graduated (within the past year) from a recognized PR program, including programs at The Ottawa Hospital, Pembroke Regional Hospital and Montfort Hospital.

Below is a list of some of our service locations. For a complete list of available sites, please visit: champlainlunghealth.ca *Clients will be triaged to the appropriate site depending on their needs, and availability.*

PLEASE FAX Referral form to 613-233-9487 (Toll-free: 1-833-533-9487)		
EAST	Cornwall Community Lung Health Program Seaway Valley Community Health Centre (<i>Main site</i>) 353 Pitt St. Cornwall <i>Additional sites available in the Cornwall and Winchester areas. Visit champlainlunghealth.ca for a complete list.</i>	Program Tel: 613-936-0306 Ext. 263 OR Toll-free: 1-888-936-0306 Ext. 263
CENTRAL	Ottawa Community Lung Health Program Somerset West CHC, Rosemount Branch (<i>Main site</i>) 55 Eccles St. Ottawa <i>Additional sites available across the Ottawa area. Visit champlainlunghealth.ca for a complete list.</i>	Program Tel: 613-288-0163
WEST	Lanark Renfrew Lung Health Program North Lanark Community Health Centre (<i>Main site</i>) 207 Robertson Dr. Lanark <i>Additional sites available across the Lanark Renfrew and surrounding areas. Visit champlainlunghealth.ca for a complete list.</i>	Program Tel: 613-259-2182

The Champlain Lung Network is a regional body committed to improving health services and health outcomes for people living with lung disease. The Champlain Lung Health Network encourages you to distribute the revised ***Breathing Easier: A Guide for Asthma and COPD patients in the Champlain Region*** to your clients. A pdf copy of the guide is available on the Champlain LHIN website, Champlain Healthline website, as well as through partner organizations. Printed copies of the guide are available at the Champlain LHIN office (1900 City Park Dr, Suite 204; champlainlunghealth@swchc.on.ca).